

Consent for Adults

Please read this information before receiving Thai Solution Massage.

About the Service

Thai Solution Massage is a professional, non-sexual wellbeing service intended to promote relaxation, release tension and support more comfortable movement.

Therapist is a qualified massage therapist, not a medical doctor. She does not diagnose or treat medical conditions, prescribe medication or replace medical care.

Your session may include Thai acupressure and work involving the muscles, fascia, tendons, meridian lines and joints. Hands, thumbs, palms, elbows or knees may be used as appropriate. You will normally remain fully clothed. No oils, massage tools or forceful stretching are used.

Your Health and Comfort

Please provide accurate information about your health, medication, pregnancy, injuries and any medical advice or restrictions. Inform Ju of any changes before or during your session.

Tell Therapist immediately if you experience pain, numbness, dizziness, discomfort or unsuitable pressure. You may ask to adjust the pressure, avoid any area, stop a technique or end the session at any time.

Responses to massage vary. You may experience temporary tiredness, tenderness or stiffness, and no specific result can be guaranteed. Seek appropriate medical advice for any severe, unusual or persistent symptoms.

Therapist may adjust, postpone, decline or end a session if massage may be unsuitable or present a risk. Inappropriate or sexually suggestive behaviour will result in the session ending immediately, and the full fee may remain payable.

Your Consent

By signing below, I confirm that:

- The health information I have provided is accurate to the best of my knowledge.
- I have read and understood the information above.
- I have had the opportunity to ask questions.
- I voluntarily consent to receive Thai Solution Massage.
- I understand that I may decline any technique or withdraw my consent at any time.

Client's full name: _____

Signature: _____ **Date:** _____